



JONATHAN T. NASSOS, M.D.

Diplomate, American Board of  
Orthopaedic Surgery

Fellow, American Academy of  
Orthopaedic Surgeons

Member, American Orthopaedic  
Society for Sports Medicine

Member, Arthroscopy Assoc. of  
North America

AdminSure  
3380 Shelby Street  
Ontario, CA 91764  
Attn: Shannon Rocha

Patient Name : Patricia Bush  
Date of Service : July 15, 2021  
Claim # : 18-138707  
Employer : Pomona Valley Hospital Medical Center  
Date of Birth : March 10, 1961  
Date of Injury : 11/10/2018  
File # : 20052853

**ORTHOPEDIC FOLLOW-UP EVALUATION OF A PRIMARY TREATING  
PHYSICIAN**

Ms. Bush is following up in clinic today regarding her multiple body parts with the focus being on her left knee. She received a corticosteroid injection last follow-up of the left knee and stated that she now has 0/10 pain and feels great. She would like to return back to work full duty as of July 23, 2021, stating that she has a funeral she is attending on the July 22. She is not taking any medications right now secondary to not having any pain. She is following up with Dr. Haronian on Monday. Currently, she is TTD; however, I will be modifying her restrictions.

**PHYSICAL EXAMINATION:**

Upon physical examination of the left knee, there is no edema noted. She has mild tenderness to palpation of the medial and lateral joint lines. Her range of motion is zero degrees to 120 degrees without pain. Her quadriceps and hamstring strength is 5/5.

**IMPRESSION:**

Status post left knee arthroscopy with medial compartment chondromalacia and

5651 SEPULVEDA BLVD, STE 201  
SHERMAN OAKS, CA 91411  
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8436 W. 3rd Street, Suite 800  
Los Angeles, CA 90048  
PH: (310) 273-2731  
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724 CORPORATE CENTER DRIVE  
SECOND FLOOR  
POMONA, CA 91768  
PH: (909) 622-6222  
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medial meniscus tear.

**DISCUSSION:**

I discussed additional treatment with the patient during today's visit. At this time, I will be modifying her work restrictions from TTD to full duty starting the July 23. She will return to clinic in four weeks for reevaluation. I want to be able to follow-up with her, so I can see how she is doing when she is back to her customary and usual duties. As mentioned above, the corticosteroid injection she received at her last follow-up decreased her pain to 0/10, and she is very happy with the results. She is soliciting future corticosteroid injection in four to six months from last follow-up depending on her symptoms. She will return to clinic in four weeks for reevaluation. She is in agreeance with the plan and all of her questions have been answered today.

*We are requesting that all the patient medical records, related or unrelated to this case be sent to our attention for review which will be incorporated in accessing the treatment and medical legal issues.*

*I declare, under penalty of perjury, that I have not violated the provisions of California Labor Code 139.3 and that the contents of this report and attached billing are true and correct to the best of my knowledge. I also affirm that I have not violated any sections of Labor Code 4628. Please see attached itemized billing with ICD-10 diagnosis code(s). The foregoing declaration is executed on the date of this report and signed by myself in the County of Los Angeles.*

*To complete this examination I have been assisted, as needed, for taking histories, taking x-rays, assisting with the patient, transcription of reports by some or all of the following personnel: Emily Shemwell, Sherry Leoni, DC, or Shahrzad Forat, DC, may also have assisted in compiling and editing of this report. If required an interpreter was provided. All of the above individuals are qualified to perform the described activities by reason of individual training or under my direct supervision.*

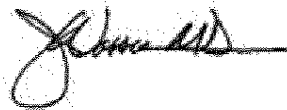
*Please be advised that Dr. Nassos has a financial interest in Kinetix Surgery Center.*

July 20, 2021

Date



Ashley Donaghey MPA, PA-C



Jonathan Nassos M.D.

~~BUSH, PATRICIA~~

July 15, 2021

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Anaheim Hills, CA 92808

**PROOF OF SERVICE  
STATE OF CALIFORNIA**

I am employed in the County of Los Angeles. I am over the age of 18 and not a party to the within action; my business address is:

**5651 SEPULVEDA BLVD., SUITE 201, SHERMAN OAKS, CA 91411**

On 7/26/2021 served the foregoing document described as:

JONATHAN NASSOS M.D.  
EVALUATION REPORT

**Patient Name: Patricia Bush**

**File Number: 20052853**

**Claim #: 18-138707**

**DOS: 7/15/2021**

On all interested parties in this action by electronic transmission a true copy of this narrative report from **5651 SEPULVEDA BLVD., SUITE 201, SHERMAN OAKS, CA 91411**

Addressed as follows:

Shannon Rocha  
AdminSure  
3380 Shelby Street  
Ontario, CA 91764

Workers Defenders Law Group  
8018 E. Santa Ana Cny #100-215  
Anaheim Hills, CA 92808

I declare that I am over the age of 18 years and not a party to this action. I also declare under penalty of perjury that the foregoing is true and correct and that this declaration was executed on 7/26/2021 at



\_\_\_\_\_  
Emily Shemwell